IS THIS AN EMERGENCY?

Not every medical situation requires a visit to the hospital emergency department. Go to an urgent care facility or waiting until the next day to see the doctor instead often will take care of the problem.

Examples of what to use Olin Student Health Center or Urgent Care for:

- Minor cuts where bleeding is controlled
- Colds, cough, sore throat or flu
- Fever; however, if there is a convulsion or extreme fever in a child, do go to the emergency department
- Sprains
- Sunburns or minor burns from cooking
- Skin rashes
- Minor dog or animal bites where bleeding is controlled (do see your doctor immediately because a rabies shot may be required.
- Insect stings or delayed swelling from a sting; however, if there is breathing difficulty, go to the emergency department
- Earaches
- Sexually transmitted diseases

Examples of what you go to the emergency department for:

- Loss of consciousness
- Signs of a heart attack that last 2 minutes or longer, which include chest pain or chest pain radiating into the left arm
- Signs of a stroke, which include sudden onset of numbness in any extremity and elevated blood pressure
- A major injury, such as a head injury
- Bleeding that does not stop after 10 minutes of direct pressure
- Sudden severe pain
- Severe shortness of breath
- A severe or worsening reaction to an insect bite or sting, or to a medication, especially if breathing is affected
- Unexpected stupor, drowsiness or disorientation
- Poisoning
- Coughing up or vomiting blood
- Suicidal or homicidal feelings
- Anything else you reasonably believe may be an emergency

Source: Olin Health Center

Not sure what kind of problem you have? Call Olin 24-hr Nurseline: (517) 353-5557

HOW TO USE YOUR AETNA HEALTH INSURANCE

Q: Where should I go when I am sick or hurt?
A: It depends on what kind of problem you have!

Normal sickness or minor emergency:

- Make Olin Health Center your first stop.
- Call to schedule an appointment: (517) 353-4660
- Open Mon-Fri 8am-6pm & Sat 9am-1pm.
- If Olin is unable to provide treatment, they will refer you to a health care provider who belongs to an Aetna provider network.
- For more information, please visit: www.olin.msu.edu

Minor emergency if Olin is closed:

- Go to urgent care centers
- Complete list: tinyurl.com/docfind

Major emergency:

- Go to Emergency Room:
  - Sparrow Hospital
  - McLaren Greater Lansing

Life-threatening emergency:

- Dial 911 on any phone
- An ambulance will be sent to your location

Lansing Urgent Care:
Open Mon-Fri 9am-9pm, Sun 10am-6pm.
505 N. Clippert St, Lansing, MI 48912
(Bus route 1, across the street from Kroger)
(517) 333-9200
For complete list please visit: tinyurl.com/docfind
(select “urgent care facilities” in the provider category)

Sparrow Urgent Care:
Open daily 8am-8pm.
2682 E. Grand River, East Lansing, MI 48823
(517) 335-6952

Major emergency (but not life-threatening):

- Go to the emergency room of one of the two major hospitals in the Greater Lansing area:
  - Sparrow Hospital
  - McLaren Greater Lansing

Life-threatening emergency:

- Dial 911!!! An ambulance will be sent to your location.

Go to the Emergency Room (ER) for major emergencies only! Aetna may not cover your ER visit if it is not a major emergency! Go to Olin Health Center or an urgent care facility for any problem that is not a major emergency.